

Sgwrs y Rhwydwaith  
Cenedlaethol

National Network  
Conversations



Llywodraeth Cymru  
Welsh Government

# Sesiwn pnawn Sgwrs Rhwydwaith Cenedlaethol –lechyd a Lles

31 Ionawr 2024

## National Network Conversation session - Health and Well-being

31 January 2024



# Croeso!

# Welcome!





1. Sut rydym yn defnyddio **pwrpas** i lywio ein dewis o gynnwys?
  2. Sut byddem yn disgwl i ddysgwyr **ddangos eu dealltwriaeth** o'r cynnwys hwn? Pa ddangosyddion cynnydd eraill y gallem eu gweld gan ddysgwyr sy'n ffurfio?
  3. Sut ydyn ni'n **dylunio ystod o gyfleoedd asesu** sy'n helpu ymarferwyr a dysgwyr i ddeall y cynnydd sy'n cael ei wneud?
  4. Pa oblygiadau penodol sydd gan hyn i **addysgeg** yn y Maes Dysgu a Phrofiad hwn?
1. How are we using **purpose** to inform our selection of content?
  2. How would we expect learners to **demonstrate their understanding** of this content? What other indicators of progression might we see from learners?
  3. How are we designing a **range of assessment opportunities** that help practitioners and learners to understand the progress being made?
  4. What particular implications does this have for **pedagogy** within this Area of Learning and Experience?

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## Agenda

1. Syniadau pellach ar weithdy cynnydd bore 'ma?
2. Canolbwytio ar gefnogi ymarferwyr i weithredu'r Maes Iechyd a Lles
3. Cwestiynau a chyflwyniad pecyn cymorth drafft
4. Trafod cwestiynau

## Agenda

1. Further thoughts on this morning's progression workshop?
2. Focus on supporting practitioners with the implementation of the Health and well-being Area
3. Questions and presentation of draft toolkit
4. Discuss questions



## Cwestiynau

1. Beth sy'n mynd yn dda a pha gymorth pellach sydd ei angen arnoch i gynllunio'r cwricwlwm yn y Maes yma?

## CYFLWYNO'R PECYN CYMORTH DRAFFT

2. A fydd y pecyn cymorth yn ddefnyddiol i'w weithredu?

3. Allwch chi awgrymu gwelliannau i gynorthwyo dealltwriaeth?

4. Beth arall sy'n flaenoriaeth i'w gynnwys fel thema?

## Questions

1. What is going well and what more support do you need to design the curriculum in this Area?

## PRESENT DRAFT TOOLKIT

2. Will the toolkit be useful for implementation?

3. Can you suggest improvements to assist understanding?

4. What else is a priority for inclusion as a theme?



## SCHOOL INPUTS

School identifies priority health and well-being needs



How

- Local and National Data – e.g. SHRN / PASS / PERMA
- Observations / Feedback / Pupil Voice
- Community Engagement
- Working with trusted partners / professionals
- Through Curriculum Design and What Matters Statements

Health Topic Identified

## Health Topic Identified

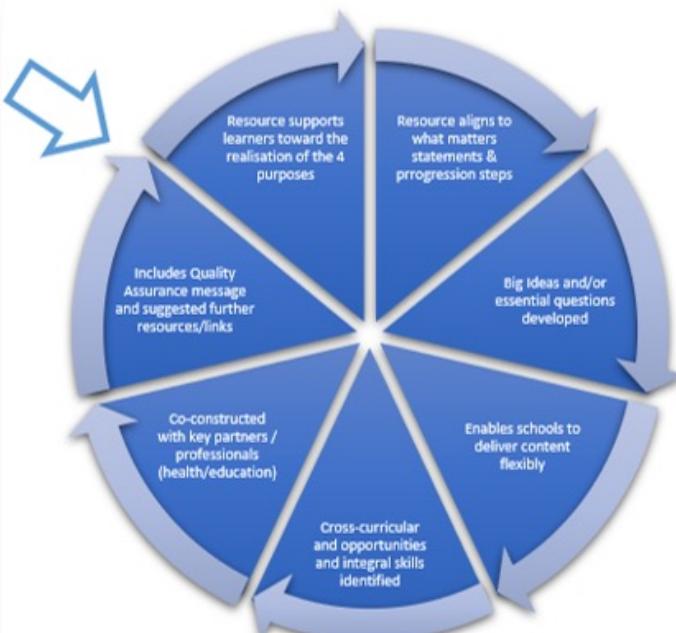


Why and what

- Why is this important for the learner?
- Who are the identified learners? Primary/Sec/Both
- Why does this matter to learners, schools, and communities/society? (Wider implications)
- What are the key concepts / themes that underpin the topic?
- What do we want learners to know, understand and experience by covering this topic?
- Identify potential family of topics and potential opportunities for transfer of learning

## HEALTH INPUTS

### Resource Development Checklist



Resource Developed





# Pynciau

- Sylweddau a dibyniaeth  
(a ddangosir gan  
[adnoddau Fêpio](#))
- Maeth
- Llythrennedd corfforol
- Cwsg

## Topics

- Substances and addiction (illustrated by [vaping resource](#))
- Nutrition
- Physical literacy
- Sleep



#CwricwlwmGymru  
#CurriculumForWales

Diolch  
Thank you